

FIGHTER'S COLLEGIUM

"Of Right Health and Good Eating"
A Feast influenced by the writings of Platina
Prepared by THL Marie de Kiremure

Introductory

Coccoli *Bread dough fritters rolled in coarse salt
Garlic and Herb Cheese Pate
Stuffed eggs
Pickled Onions

First Course

Potage from Meat served in a bread trencher * Beef soup with cheese and herbs
Gourd Soup
A variety of small pies *mushroom, cheese and herb
Fresh seasonal fruits

Second Course

Roast Chicken
Armored turnips
Cucumbers and gourds with seasoned radishes
Small white cheese tarts with plums

Third Course

Meat sausages with red mustard sauce
Meat in the Roman Style *skewered and grill beef
Potage ala Romanie *noodles with cheese and herbs
Salad of several greens
Golden Morsels *fried bread chunks that have been soaked in egg mixture, sprinkled with sugar and saffron

Finale

Canisiones
Pinenuts in sugar

Beverages:

Te Dolce *Sweet tea and unsweetened
Acqua Oel Limone *Lemon Water